




CALENDAR OF EVENTS

		MONDAY 8/8/16	TUESDAY 8/9/16	WEDNESDAY 8/10/16	THURSDAY 8/11/16	FRIDAY 8/12/16
A L L E V E N T S A R E F R E E	VENTURA 200 S. Wells Rd. Ventura, CA 93004	Information Table: Vaccines for Adults 10:00am - 12:00pm Mental Health Event 1:30pm-3:30pm	Screenings: Cholesterol 2:00pm - 5:00pm	Activity: Yoga 8:00am-9:00am Information Table: Dental Health 10:00am-12:00pm	Activities: Self Defense 5:30pm-6:30pm Healthy Snacks 1:00pm-3:00pm	Screenings: Body Mass Index & Glucose 10:00am-12:00pm
	OXNARD 650 Meta St. Oxnard, CA 93030	Screenings: Anemia 9:30am-12:00pm & 1:30pm-5:00pm	Screenings: Vision 2:00pm-5:00pm	Screenings: Glucose & Blood Pressure 9:30am-12:00pm & 1:30pm-5:00pm Activity: Healthy Snacks with Judy 2:00pm-3:00pm	Information Table: Dental Hygiene 6:00pm-7:00pm Screenings: Cholesterol 9:30am-12:00pm 1:00pm-5:00pm	Screenings: Glucose & Blood Pressure 9:30am-12:00pm & 1:30pm-5:00pm
	NORTH OXNARD 1200 N. Ventura Rd. Suite E Oxnard, CA 93030	Activity: Celebrating children! Fun activities for Children & families 2:00 pm- 4:00 pm At 1300 N. Ventura Rd. #1	Screenings: Glucose & Body Mass Index and Information Table: Healthy Tips with Nilda 2:00 pm- 4:30pm At 1300 N. Ventura Rd. #1	Activity: Zumba 5:30pm-6:30pm 1300 N. Ventura Rd. #6 *Back Parking Lot	Screenings: Confidential HIV testing 9:00am-12:00pm & 1:00pm- 4:30pm Activity: Senior Bingo 2:00pm-4:00pm At 1300 N. Ventura Rd. #1	Screenings: Cholesterol, Anemia, Glucose, & Bone Density (Women 65 or older) 10:00am-12:00pm & 1:30-4:00pm
	MARAVILLA 450 W. Clara St. Oxnard, CA 93033	Screenings: Diabetes 11:30am-4:00pm	Activity: Face Paintings for Children 10:00am-12:00pm Presentation: What to Do When Your Child Gets Sick Spanish 1:00-2:00pm & Mixteco 2:00-3:30pm	Screenings: Cholesterol 9:00am-12:00pm 1:00pm-5:00pm	Presentation: Back to School Tips for Children (Spanish & Mixteco) 1:30pm-3:00pm	Activities: Zumba 2:00pm Obstacle Course 3:00pm
	OCEAN VIEW 4400 Olds Rd. Oxnard, CA 93033	Presentation: (Spanish) Stress Management 12:00pm-12:30pm Activity: Healthy Snacks 1:30pm-2:30pm	Screenings: Anemia, Glucose & Blood Pressure 1:30pm-4:00pm	Screenings: Anemia, Glucose & Blood Pressure 10:00am-12:00pm 1:30pm-4:00pm	Activity: Face Painting 1:00pm-3:00pm & 4:00pm-5:00pm	Activity: Healthy Salads 2:30pm-4:30pm
	EL RIO 221 Ventura Blvd. Suite 126 Oxnard, CA 93036	Screenings: Anemia & Glucose 9:30am-12:00pm & 1:30pm-5:00pm		Screenings: Blood Pressure Screenings 9:30am-12:00pm & 1:30pm-5:00pm Clothes Giveaway	Screenings: Body Mass Index 9:30am-12:00pm & 1:30pm-4:00pm	Information Table: Family Planning 10:00am-12:00pm & 2:00pm-4:00pm Clothes Giveaway
	FILLMORE 355 Central Ave. Fillmore, CA 93015	Screenings: Cholesterol 12:00pm-3:00pm 4:00pm-7:00pm	Activities: For Children Face painting, Coloring, MyPlate & Dental Education 1:30pm - 5:00pm	Activity: Zumba 10:00am-11:00am	Screenings: Blood Pressure, Anemia & Glucose 10:00am -12:00pm & 1:00pm 4:30pm	Activity: Healthy Smoothies 10:00am-12:00pm & 1:30pm- 4:00pm
	SANTA PAULA 500 E. Main St. Santa Paula, CA 93060	Information Table: Mental Health with Vista Del Mar 11:00am-2:00pm	Information Table: Osteoporosis 9:00am-5:30pm Screenings: Bone Density 2:00pm-5:00pm	Information Table: Healthy Snacks 9:00am-5:30pm Screenings: Body Mass Index 1:00pm-4:00pm	Screenings: Blood Pressure & Glucose 1:00pm-5:00pm	Activity: Food basket raffle for participants
	OJAI 1200 Maricopa Hwy Ojai, CA 93023	Screenings: Glucose, Pregnancy Tests, Blood Pressure, Hemoglobin 1:00pm-5:00pm Activity: Pound Fitness 6:00pm-7:00pm	Screenings: Glucose, Pregnancy Tests, Blood Pressure, Hemoglobin 1:00pm-5:00pm	Screenings: Glucose, Pregnancy Tests, Blood Pressure, Hemoglobin 9:00am-12:00pm & 1:00pm-5:00pm	Activities: Nails: 2:00pm-5:00pm Bingo: 4:30pm-5:30pm Zumba: 6:00pm-7:00pm Screenings: Glucose, Pregnancy Tests, Blood Pressure, Hemoglobin 4:00pm-7:00pm	Activity: Nails by Miriam 2:00pm-4:00pm Screenings: Glucose, Pregnancy Tests, Blood Pressure, Hemoglobin 9:00am-12:00pm & 1:00pm-5:00pm
	NEWBURY PARK 1000 Newbury Rd. Suite 150 Newbury Park, CA 91320	Activity: Silky Smooth Hands & Manicures 2:00pm-4:00pm	Screenings: Anemia 2:00pm-5:00pm	Activity: Know Your Body Fat Percentage & Healthy Snacks 10:00am-12:00pm	Activity: Lotería 12:00pm-1:00pm	Screenings: Blood Pressure & Activity: Relaxing Massage 9:00am-11:00am
	SIMI VALLEY 1424 Madera Rd. Simi Valley, CA 93065	Presentation: Nutrition (Spanish) 12:00pm-2:00pm Information Table: Medical, CalFresh, CHDP, and Covered CA 3:00pm-4:00pm	Information Table: Portions & Sugar Content 1:30pm-4:00pm Presentation: Pediatrics with Dr. Agarwal (English) 3:00pm-4:00pm	Activities: Oral Hygiene Demonstration 10:00am-11:00am Silky Hands & Nail Polish 2:00pm-4:00pm	Activity: Zumba 11:00am-11:30am Presentation: Senior Back Care By Dr. Mendoza (English) 2:00pm-3:00pm	Screenings: Glucose, Blood Pressure, Anemia & BMI 9:30am-12:00pm Activity: Facials *sign-up with front desk 2:00pm-4:00pm
	MOORPARK 4279 Tierra Rejada Rd. Moorpark, CA 93021	Screenings: Blood Pressure & Glucose 1:00pm -5:00pm	Screenings: Anemia & Blood Pressure 1:30pm - 5:00pm	Screenings: Vision 9:30am -12:00pm	Activity: Bingo 1:00pm-3:00pm	Screenings: Body Mass Index & Body Fat % 1:30pm - 4:30 pm
	EAST SIMI VALLEY 4370 Eve Rd. Simi Valley, CA 93063	Information Table: Simi Pharmacy: Diabetes Foot Care & Podiatry 11:30am-12:30pm Assisted Home Health 11:30am-12:30pm	Activities: Zumba 1:00pm -1:45pm Massages 2:00pm-3:00pm	Activity: Blood Drive 10:00am-2:00pm Presentation: Senior Back Care by Dr. Mendoza (English) 12:00pm-1:00pm	Information Table: VITAS Health Care Hospice 1:30pm-4:00pm Screenings: Bone Density 1:30pm-4:00pm Activity: Mary Kay Face Masks & Makeup Demo 1:30pm	Activities: Mini Farmers Market & Healthy Smoothies 11:00am-2:00pm