








NATIONAL HEALTH CENTER WEEK CALENDAR OF EVENTS

		MONDAY 8/14/17	TUESDAY 8/15/17	WEDNESDAY 8/16/17	THURSDAY 8/17/17	FRIDAY 8/18/17
A L L E V E N T S A R E F R E E	VENTURA 200 S. Wells Rd. Ventura, CA 93004	Information Table: Pesticide Education/Demo 11:00am-3:00pm ~enter raffle~	Screenings: Anemia 1:30pm-3:30pm ~enter raffle~	Information Table: Oral Health 10:00am-12:00pm Screenings: Vision 1:30pm-3:30pm ~enter raffle~	Screenings: Glucose & Blood Pressure 11:30am-3:30pm ~enter raffle~	Information Table: Body Mass Index & Nutrition 1:00pm-3:30pm ~enter raffle~ *Raffle Drawing*
	OXNARD 650 Meta St. Oxnard, CA 93030	Screenings: Anemia 9:30am-11:30am & 1:30pm-4:30pm	Activity: Clothing Drive 1:00pm-4:45pm	Information Table: Healthy Snacks 1:30pm-4:00pm & Oral Health 2:30pm-4:00pm	Screenings: Blood Pressure & Glucose 9:30am-11:30am & 1:30pm-4:30pm	Screenings: Glucose, Blood Pressure & Cholesterol (Limited Quantities) 9:30am-11:30am & 1:30pm-4:30pm
	NORTH OXNARD 1200 N. Ventura Rd. Suite E Oxnard, CA 93030	Presentation: Stress Management & Meditation Class 1:00pm-2:00pm (Spanish) 6:00pm-7:00pm (English) *1300 building	Screenings: Anemia, Glucose, BMI & Cholesterol (limited) 10:00am-12:00pm & 1:00pm-4:00pm *1200 building	Information Table: 3 Secrets to lose weight fast! 2:00pm-4:00pm *1200 building	Presentations & Activity: Super Heroes Saving Teeth 9:30am-12:00pm & 2:00pm-4:00pm *1300 building	Activity: Fountain of Youth Spa Day 3:00pm-4:00pm *1200 building
	MARAVILLA 450 Clara St. Oxnard, CA 93033	Presentation: Clinic Services (presented in Mixteco) 4:00pm-5:00pm	Screenings: Anemia 10:00am-11:30am & 1:30pm-4:00pm	Screenings: Diabetes & Blood Pressure 10:00am-11:30am & 1:30pm-4:00pm	Presentation: Mental Health with Dr. Alvarado (in Spanish) 4:00pm-4:30pm Activity: Relaxation Class (Spanish) 4:30pm-5:00pm	Activity: Healthy Snacks, Fresh Water Samples & Nutrition Information 3:00pm-4:00pm Obstacle Course 4:00pm-5:00pm
	OCEAN VIEW 4400 Olds Rd. Oxnard, CA 93033	Screenings: Cholesterol (Limited Quantities) 10:00am-12:00pm & 1:30pm-3:00pm	Screenings: Bone Density 9:30am-11:30am & 1:30pm-4:30pm	Screenings: Glucose, Anemia & Blood Pressure 9:30am-11:30am Presentation: Dental (in Spanish) 2:00pm-3:00pm	Activity: Healthy Frozen Desserts 1:30pm-2:30pm	Screenings: Anemia, Glucose & Blood Pressure 9:30am-11:30am & 1:30pm-4:30pm
	EL RIO 221 Ventura Blvd. Suite 126 Oxnard, CA 93036	Screenings: Anemia & Glucose 9:30am-12:00pm & 1:30pm-5:00pm	Screenings: Blood Pressure 9:30pm-12:00pm & 1:30pm-5:00pm	Screenings: Cholesterol (Limited Quantities) 10:00am-12:00pm & 1:30pm-4:00pm	Screenings: BMI Screenings & Information Table: Nutrition 10:00am-12:00pm & 2:00pm-4:00pm	
	FILLMORE 355 Central Ave. Fillmore, CA 93015	Screenings: Glucose & Blood Pressure 10:00am-3:00pm	Information Table: Dental 10:00am-12:00pm & 1:00pm-3:00pm	Screenings: Hemoglobin & Blood Pressure 10:00am-12:00pm & 1:00pm-3:00pm	Screenings: Cholesterol & Glucose (Limited Quantities) 10:00am-12:00pm & 1:00pm-3:00pm	Activity: Loteria & Healthy snacks 10:00am-12:00pm & 1:00pm-3:00pm
	SANTA PAULA 500 E. Main St. Santa Paula, CA 93060	Screenings: Anemia Screening + Information 10:00am-12:00pm & 2:00pm-4:00pm	Screenings: Blood Pressure & Glucose + Information 10:00am-12:00pm & 2:00pm-4:00pm	Activity: Loteria: Family Night 4:00pm-6:00pm	Information Table: Dental 10:00am-12:00pm & 2:00pm-4:00pm	
	OJAI 1200 Maricopa Hwy Ojai, CA 93023	Screenings: Anemia & Blood Sugar (Hgb & Glucose exams) 9:00am-12:00pm & 4:00pm-7:00pm	Activity: Coloring Contest All Day! 9:00am-5:00pm	Screenings: Diabetes(A1C exam) & Blood Pressure 9:00am-12:00pm & 1:30pm-5:00pm	Activity: CDCR of Ojai Trivia Contest All Day! 9:00am-5:00pm	Screenings: Diabetes(A1C exam) & Blood Pressure 11:00am-12:00pm & 1:30pm-5:00pm
	NEWBURY PARK 1000 Newbury Rd #150 Newbury Park, CA 91320	Information Table: Dental 1:00pm-5:00pm	Screenings: Glucose 2:00pm-4:30pm	Information Table: Nutrition 9:30am-12:00pm	Screenings: Anemia 12:00pm-5:00pm	Screenings: Blood Pressure & Activity: Lotería 1:00pm-4:00pm
	SIMI VALLEY MADERA 1424 Madera Rd. Simi Valley, CA 93065	Activity: Building Smoothies & Healthy Snacks 1:00pm-3:00pm	Activity: Relaxation through Guided Imagery 2:00pm-3:00pm	Screenings: Glucose, Blood Pressure, BMI & Anemia 9:30am-12:00pm & 1:00pm-4:30pm	Activity: Silky Hands & Manicures 10:00am-12:00pm & 4:00pm- 4:45pm	Information Table: Dental Demonstration 10:00am-11:00am Minute to Win it Challenge 3:00pm-4:30pm
	MOORPARK 4279 Tierra Rejada Rd. Moorpark, CA 93021	Screenings: Glucose & Blood Pressure 10:00am-3:00pm		Screenings: Vision 9:30am-12:00pm & 1:30pm-4:00pm		Screenings: Anemia & Blood Pressure 9:30am-12:00pm & 1:00pm-3:00pm
	EAST SIMI VALLEY 4370 Eve Rd. Simi Valley, CA 93063	Activity: Eyebrow Threading 11:30am-1:00pm Information Table: Tobacco cessation, Sugar Consumption and healthy drinks for teeth 1:00pm-3:00pm	Activity: Children's Coloring Contest Children's Nail & Face Painting 9:30am-12:00pm & 1:00pm-5:00pm	Screenings & Information Table: Blood Pressure, Glucose & Body Mass Index 9:30am-12:00pm Information Table: Insurance Anthem 1:00pm-3:00pm		Activities: Salsa/Merengue Class 12:00pm-12:30pm Mary Kay Hand Massage 1:00pm-3:00pm Information Table: Childhood Obesity 1:00pm-5:00pm

Sunday, August 13th, 2017 - National Health Center Week Health Fair

Location: Del Sol Park | Address: 1800 Camino Del Sol Oxnard, CA 93030 | Event Time: 10:00am-2:00pm

For more information regarding events call: (805) 647-6353 or visit our web page: www.clinicas.org

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ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالجمان. اتصل برقم 6353-647-805 (رقم هاتف الصم والبكم: 1-888-416-6372).